

ANSWER BOOK

2011



Neighbor**Impact**

Critical Needs. Diverse Services. Empowering Change.

Published By:

NEIGHBORIMPACT

2303 SW First St.
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541-548-2380

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This publication is for informational purposes only. The information in this book does not constitute a recommendation by NeighborImpact.

**Agency programs and services can change frequently.
We recommend that you call agencies to confirm that the information is up to date.**

DIRECT ASSISTANCE

Emergency Services, Food, Shelter

EMERGENCY SERVICES

AMERICAN RED CROSS, MOUNTAIN RIVER CHAPTER ARC

Description	ARC helps people prepare for and respond to emergencies through disaster preparedness and health & safety classes.	SERVICES <ul style="list-style-type: none"> • Services to military & families • Blood services • Disaster relief services • Classes in CPR & First Aid • Disaster education classes
Eligibility Requirements	Must have a special need.	
Languages	English	
Offices	26869NE Twin Knolls Dr Ste 201 Bend, 97701 382-2142 M-F 8:30-4:30	
Service Area	Crook, Deschutes, Jefferson, Grant, Harney & Wheeler Counties	

NEIGHBORIMPACT EMERGENCY SERVICES

Description	Provides help in emergency situations, provides referrals & information.		SERVICES <ul style="list-style-type: none"> • Limited funds for rent assistance • Year round utility assistance • Information & referral to area resources • All assistance is dependent on program funding
Eligibility Requirements	Low income population. Call for information and availability of services.		
Languages	English, Spanish		
Offices	Jefferson County 645 SW Marshall St. Madras, 97741 475-7017	Crook County 203 NE Court St. Prineville, 97754 447-6835	
	Deschutes County 20310 Empire Ave Ste. A110 Bend, Oregon 97701 541 318-7506		
Service Area	Crook, Deschutes, & Jefferson Counties		

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (NeighborImpact)
LIHEAP

Description	Helping low-income families with their heating needs during the winter months.	SERVICES <ul style="list-style-type: none"> • Assistance with any heating source, including gas, propane, oil, electric, or wood
Eligibility Requirements	Must meet income guidelines.	
Languages	English, Spanish	
Offices	NeighborImpact Call for office location information 541 504-2155	
Service Area	Crook, Deschutes, & Jefferson Counties	

REDMOND MINISTERIAL ASSOCIATION
RMA

Description	Emergency assistance provider to low income women with children	SERVICES <ul style="list-style-type: none"> • Auto fuel assistance • One meal voucher • 1 night motel voucher
Eligibility Requirements	Must contact Full Circle Outreach for information regarding assistance	
Languages	English, Spanish	
Offices	PO Box 121 Redmond, Or 97756 541 548-2974 Call for information	
Service Area	Redmond	

SALVATION ARMY, CROOK COUNTY

Description	Helps low income persons in emergency situations; administered by the Prineville Police Department.	SERVICES <ul style="list-style-type: none"> • Limited funds for one time emergency assistance
Eligibility Requirements	Based on need.	
Languages	English	
Offices	400 NE. 3rd St. Prineville, 97754 447-4168 M-F 8AM-5PM	
Service Area	Crook County	

SALVATION ARMY, DESCHUTES COUNTY

Description	Helps low income persons in emergency situations.	SERVICES <ul style="list-style-type: none"> • Food boxes
Eligibility Requirements	Based on income guidelines	
Languages	English	
Offices	755 NE 2nd St. Bend, 97701 389-8888 M-F 1-4:00 (call for appointment)	
Service Area	Deschutes County	

ST. VINCENT DE PAUL

Description	Provides emergency assistance to low income individuals & families.		SERVICES All locations do not provide all services <ul style="list-style-type: none"> • Limited funds for rent assistance • Utility assistance • Food pantry • Clothing and household items • Information & referral to area resources • All assistance is dependent on program funding • <u>Call for information specific to each location</u>
Eligibility Requirements	Based on need		
Languages	English		
Offices	Social Services 950 SE 3rd Bend, 97701 389-6643 M-Th 10-2:00	51484 Morson La Pine, 97739 536-1956 M-Th 10-3	
	1612 SW Veterans Way Redmond, 97756 923-5264 W, Th 10-2	240 E. 1st St. Prineville, 97754 447-7662 Mon -Th 2-5	
Service Area	Crook & Deschutes Counties		

FULL CIRCLE OUTREACH

Description	Provides emergency supplies to families and individuals in need	SERVICES <ul style="list-style-type: none"> • Emergency Food • Clothing • Household items • Hygiene items • Referrals • Minimal case management • Resources for agencies and clients
Eligibility Requirements	Delivered services based on need. Call for more information	
Languages	English, Spanish	
Offices	PO Box 1506 Redmond, Or 97756 548-5940 www.yourfullcircle.org Appointments scheduled by phone only	
Service Area	Crook, Deschutes & Jefferson Counties	

CITY of REDMOND UTILITY ASSISTANCE PROGRAM

Description	Provides reduced utility payments on water, garbage and sewer bills to eligible residents of Redmond.	SERVICES <ul style="list-style-type: none"> • Reduced payments for residents that meet income criteria • Separate program for seniors facing hardship
Eligibility Requirements	Must meet income eligibility. 62 or older	
Languages	English	
Offices	716 SW Evergreen Ave Redmond, 97756 923-7765	
Service Area	City of Redmond	

WARM SPRINGS TRIBAL SOCIAL SERVICES

Description	Supports tribal members in the community who are low income or have no income	SERVICES <ul style="list-style-type: none"> • USDA Commodities Program • Energy Assistance • Help navigating Social Security • Referrals
Eligibility Requirements	Must meet income eligibility. Any Federally recognized Native American	
Languages	English	
Offices	Call 553-1161 for office locations and information	
Service Area	Warm Springs Reservation	

FOOD

NEIGHBORIMPACT FOOD BANK

Description	Distributes food to area food pantries, meal sites, and other supplemental food locations. NeighborImpact does not distribute food directly to clients.	SERVICES <ul style="list-style-type: none"> • Local Agency network Distributes >30,000 food boxes per year • Delivers food to various outreach social service agencies, food banks, and kitchens • Coordinates local food drives • Referrals and information
Eligibility Requirements	Low income population.	
Languages	English, Spanish	
Offices	2303 SW First St. Redmond, 97756 548-2380	
Service Area	Crook, Deschutes, & Jefferson Counties	

DEPARTMENT OF HUMAN SERVICES-SELF SUFFICIENCY PROGRAM DHS

Description	Helps low income families become self-supporting while assisting them in meeting their basic needs.			SERVICES <ul style="list-style-type: none"> • Food Stamps-Food coupons for low income households • Medical Programs-medical card; preventative care • Temporary Assistance to Needy Families (TANF)-cash assistance to families with children while they work toward self-sufficiency • Child Care-assists low income employed families in paying child care costs. Child care • Work Assistance Programs (JOBS, JOB Plus, and Workfare)-programs to provide skill development, work training opportunities and supports necessary to help participants get and keep employment • Domestic Violence Grants— Limited financial aid for men/ women with children having safety issues
Eligibility Requirements	Eligibility guidelines vary according to program. Household income is one of the basic requirements which must be met for each program.			
Languages	English, Spanish			
Offices	Bend Office 1300 NW Wall St Suite 101 Bend, 97701 388-6010 M-F 8-5	La Pine Office 16493 Bluewood Pl. Suite 3 La Pine, 97739 536-5380 M-F 8-5	Madras Office 678 NE Hwy. 97 Suite C Madras, 97741 475-6131 M-F 8-5	
	Prineville Office 457 NEOchoco Plaza Dr. Prineville, 97754 447-3851 M-F 8-5	Redmond Office 2158 SE College Lp. Suite A Redmond, 97756 548-5547 M-F 7:30-5	Warm Springs Office 1144 Warm Springs St Warm Springs, 97761 553-1626 M, T, W, F 9:00-4:15 Th 1:30-4:15	
Service Area	Central Oregon			

SENIORS & PEOPLE WITH DISABILITIES (State of Oregon)

Description	SPD helps seniors function in their own homes & communities by strengthening individual abilities and by providing community support services designed to meet individual needs.			<p>SERVICES</p> <ul style="list-style-type: none"> • Food Stamps (SNAP) • Employed Persons with Disabilities • Information & referrals for senior services • Medical & cash assistance • Medicaid & long term care (nursing facilities, assisted living, residential care, adult foster care, in-home services), Adult protective services (facility abuse, elderly abuse, protective services, risk intervention)
Eligibility Requirements	Must be a senior, 60 years of age or older, or a person over 18 receiving SSI benefits. Income and resources eligibility vary according to program. Functional assessment is required for long term care services.			
Languages	English, Spanish			
Offices	<p>Bend Office 1300 NW Wall St Bend, 97701 388-6240 M-F 8-5</p>	<p>La Pine Office 16493 Bluewood Pl. Suite 1 La Pine 97739 536-8919 8-5</p>	<p>Madras Office 678 NE Hwy. 97 #D Madras, 97741 475-6773 M-F 8-5</p>	
	<p>Redmond Office 1135 SW Highland Redmond, 97756 548-2206 M-F 8-5</p>	<p>Prineville Office 457 NE Ochoco Plaza Drive, Ste. C Prineville, 97754 447-4511 M-F 8-5</p>		
Service Area	Crook, Deschutes, & Jefferson Counties			

FOOD BOXES/BAGS

Bend		
Community of Christ Church 20380 Cooley Road	Last Sat of each month 10AM-Noon	388-1011
St Vincent De Paul 950 SE 3 rd St	Mon – Thurs 10AM-2PM	389-6643
Seventh Day Adventist Center 515 NE DeKalb St	Mon, Tues 10AM- Noon, 1PM-3PM	382-7429
The Salvation Army 755 NE 2 nd St.	Mon-Fri 1PM-4PM	389-8888
Nativity Lutheran 60850 Brosterhous Rd	Tues 1PM-3PM	388-0765
The Giving Plate 1245 SE 3 rd Ste C7	Wed-Sat 10AM-4PM	410-3621
La Pine / Sunriver		
St Vincent De Paul 51484 Morson (La Pine)	Mon- Thurs 10AM-3PM	536-1956
La Pine Community Pantry 16480 Finlay Butte Rd (La Pine)	Mon, Wed & Fri 1PM-2PM	536-1312
Holy Trinity Care&Share 56850 Enterprise Dr	Last Friday of each month 3PM-6PM	For current site info call 593-5990
Prineville		
St Vincent De Paul 240 E 1 st St	Mon-Thurs 2PM-5PM	447-7662
First Baptist Church 450 SE fairview	Last Two Wed of month 1PM-3PM	477-5238
Redmond / Terrebonne		
St Vincent De Paul 1612 SW Veterans Way	Wed & Thurs 10AM-2PM	923-5264
Seventh Day Adventist Center 945 SW Glacier	Tues 10AM-2PM	923-0301
Redmond Community Church 237 NW 9th St	Tues & Thurs 1PM -3PM	923-3023
FISH—Redmond Christian Church 533 SW 9 th St	Mon, Thurs & Fri Call 8AM & noon -Pick up 12:45 PM	548-5818
St Albans 3277 NW 10 th St	Fri 10AM-Noon	548-4212
Faith Harvest Helpers 640 SW Evergreen St	Sunday Noon-2PM	(no phone)
Smith Rock Community Church 8344 11 th St (Terrebonne)	Tues 11AM-2PM	548-1315
Sisters		
Sisters Kiwanis 225 N Oak St	Thurs 9AM-2PM	(no phone)
Bread of Life Food Distribution 442 Trinity Way	Monday 5PM-6PM Thursday 12:30PM-1:30PM	549-4184
Madras		
Jefferson County Food Bank Seventh Day Adventist Center 556 SE 7 th St	Tues 1:30PM-5PM	475-3344

MEALS

Location	Hours	Telephone
Bend		
Bend's Community Center 1036 NE 5th St	Sunday 2-5pm	312-2069
Family Kitchen Trinity Episcopal Church 469 NW Wall	Tuesday & Thursday 5-6:30pm Mon, Wed, Fri 11AM-12:30 Sat 12 Noon (Sack Lunch)	382-5542
REDMOND		
Shepherd's Table City Center Foursquare Church 549 SW 8 th St.	2nd & 4th Fridays 6-7PM	548-7128
Jericho Table Redmond Senior Center 325 NW Dogwood	Monday-Thursday & 1st/3rd/5th Fridays 5-6 PM	548-3367
LA PINE		
La Pine Community Kitchen 16480 Finley Butte	Monday-Friday Noon-2pm	536-1312
SISTERS		
Bread of Life 442 Trinity Way	3rd Friday of each month 6PM-7PM	549-4184
PRINEVILLE		
Oasis 398 NW Deer St	Monday-Saturday 10AM-2PM (coffee & snacks) Noon -1PM Lunch	447-7727
JEFFERSON COUNTY		
United Methodist Church 49 NE 12th St Madras	Tuesday 6PM	
Metolious Friends Church 570 Hood Ave Metolious	Thursday 6-7:00	546-4974 / 325-1120

BROWN BAG PROGRAMS

(General Information—548-2380 x108)

Location	Distribution Day/Time
BEND	
Newport Ave Church of Christ 554 NW Newport Ave. Bend 97701	Monday 2:30 PM
REDMOND	
Redmond Senior Center 325 NW Dogwood Redmond 97756	1 st Friday of the month 4:00 PM
Reachin Out Distribution Vern Patrick School 3001 SW Obsidian Redmond 97756	4 th Friday of the month 5:00 PM
TERREBONNE / CROOKED RIVER RANCH	
Terrebonne Grange Intersection of 11th & NW Smith Rock Way	3 rd Wednesday of the month 5:00 PM
Old Fire Station at Crooked River Ranch Intersection of Shadd & Hill Sts.	1 st Wednesday of the month 5:00 PM
Sisters	
Bread of Life (Three Sisters Fellowship) 442 Trinity Way	2 nd Friday of the month 4:30PM
PRINEVILLE	
St. Vincent De Paul 240 E. 1 st St.	3 rd Friday of the month 5:00 PM
MADRAS	
Handfuls on Purpose Calvary Chapel 164 SE "D" St.	2 nd & 4 th Wednesday of the month 5:00 PM

SHELTER

BETHLEHEM INN

Description	Shelter & support services for the homeless. Limited case management.	SERVICES <ul style="list-style-type: none"> • Nightly shelter • Case management • Support services
Eligibility Requirements	Single adults 18 years or older, clean and sober, able to self-administer if on prescription medication. Call to schedule intake. Separate family shelter available. Call for information.	
Languages	English	
Offices	3705 N Highway 97 Bend, Or 97701 389-2820	
Service Area	Crook, Deschutes & Jefferson counties	

CASCADE YOUTH & FAMILY CENTER

Description	Support, intervention, and problem solving for troubled youth and their families.	SERVICES <ul style="list-style-type: none"> • Crisis intervention/support • Intake & needs assessment • Mediations/behavior contracts • Emergency & transitional shelter • Advocacy • Street outreach services • Information & referral • Self Esteem Building Activities
Eligibility Requirements	Any homeless or at-risk youth, ages 12-20, in need of assistance. Call for more information.	
Languages	English	
Offices	Office 2125 NE Daggett Ln. Shelter 19 SW Century Drive Bend, 97702 318-3436 1-800-660-0934	
Service Area	Deschutes (hotlines serve Crook, Deschutes, & Jefferson Counties)	

SAVING GRACE

Description	Confidential & free help for all victims of domestic violence & sexual assault, stalking & human trafficking including men, women & children.	<p style="text-align: center;">SERVICES Open to Domestic Violence Victims</p> <ul style="list-style-type: none"> • Safe shelter including on site kitchen and food • Individual counseling • Weekly support group • Legal advocacy • 24 hour hotline • Children's services • Community education • Support for families of victims • Limited transportation
Eligibility Requirements	To stay in a shelter, you must be a recent (last 6 months) victim of domestic violence or sexual assault. Do not take victims who are under the influence of alcohol or drugs.	
Languages	English, Spanish, Russian, Ukranian	
Offices	1425 NW Kingston Ave. Bend, 97701 389-7021 Emergency 24 hour hotline 1-866-504-8992	
Service Area	Crook, Deschutes & Jefferson Counties	

NEIGHBORIMPACT FAMILY SHELTER (Nancy's House)

Description	Short term shelter for homeless families with children and women in the final month of pregnancy.	<p style="text-align: center;">SERVICES</p> <ul style="list-style-type: none"> • Located in Bend • Short term shelter • Case management • Information & referral
Eligibility Requirements	Homeless families with children. Drug & alcohol free facility. Call for further eligibility	
Languages	English	
Offices	Intake Number is 541 385-0301	
Service Area	Central Oregon area	

GRANDMA'S HOUSE

Description	Provides safe home for homeless, pregnant, and/or parenting teens 12-19 years old in need of a safe, nurturing environment.	<p style="text-align: center;">SERVICES</p> <ul style="list-style-type: none"> • Group home • Certified childbirth educators • Advocacy • Grandma's closet clothing • Teen parent program or GED for older teens • Referrals • Educational programs • Extended services
Eligibility Requirements	Call for eligibility requirements. Female residents only accepted	
Languages	English, Spanish	
Offices	PO Box 6372 Bend, 97708 383-3515	
Service Area	Central Oregon area	

MADRAS GOSPEL MISSION

Description	Overnight emergency shelter, meals, clothing	<p style="text-align: center;">SERVICES</p> <ul style="list-style-type: none"> • Emergency Shelter • Short term, long term stay, depending upon situation • Free showers • Free Meals • Free Laundry • Coats
Eligibility Requirements	Any homeless person in need of assistance Each case evaluated on individual basis	
Languages	English	
Offices	Madras Gospel Mission 63 SE D St. Madras, 97741 475-2064	
Service Area	Central Oregon, mainly Jefferson County & Warm Springs	

THE SHEPHERD'S HOUSE

Description	Overnight emergency shelter, meals, clothing, transportation vouchers	<p style="text-align: center;">SERVICES</p> <ul style="list-style-type: none"> • Nightly Shelter • Day Room • Meals • Case Management • Support Groups • Clothing • Vouchers (showers & bus passes)
Eligibility Requirements	18 years or older; Male	
Languages	English, Spanish	
Offices	1854 NE Division St. Bend, 97701 388-2096	
Service Area	Crook, Deschutes, Jefferson Counties	

CHILDREN & FAMILIES

BOYS & GIRLS CLUBS OF CENTRAL OREGON

Description	A positive place for kids to engage in a variety of activities & programs during the summer & throughout the school year.	SERVICES <ul style="list-style-type: none"> • Educational tutoring program • Computer lab & educational resource center • Game room • Arts & crafts projects • Indoor/outdoor activities • Youth citizenship & leadership clubs • Teen center
Eligibility Requirements	For youth ages 6 (and entering 1st grade)-18. Annual membership fee.	
Languages	English	
Offices	500 NW Wall St Bend, 97701 548-2840 Main administration - Call for hours and individual club locations	
Service Area	Deschutes	

CASCADE CHILD CENTER, INC.

Description	Day treatment services to emotionally disturbed children	SERVICES <ul style="list-style-type: none"> • Family therapy • Parent training • Child therapy • Classroom-High Desert Educational Services District
Eligibility Requirements	Ages 5-12, need to be on Oregon Health Plan and have an individual Education Plan from a public school.	
Languages	English	
Offices	PO Box 549 Redmond, 97756 548-6166	
Service Area	Crook, Deschutes, & Jefferson Counties	
CASCADE / TAMARACK SCHOOL		
Description	Day treatment program that serves middle school adolescents in a specialized school setting (Bend location)	
Eligibility Requirements	Middle School (13-15 yrs old)	
Contact	Call 548-6166 for information	
Service Area	Crook, Deschutes, & Jefferson Counties	

CASCADE YOUTH & FAMILY CENTER
CYFC

Description	Support, intervention, and problem solving for troubled youth and their families.	SERVICES
Eligibility Requirements	Any homeless or at-risk youth, ages 12-20, in need of assistance. Please call for more information.	
Languages	English	
Offices	19 SW Century Dr. Bend, 97702 318-3436 1-800-660-0934 24 hour hotlines	
Service Area	Deschutes & Jefferson Counties (hotlines serve Crook, Deschutes, & Jefferson Counties)	

- Crisis intervention/support
- Intake & needs assessment
- Mediations/behavior contracts
- Emergency & transitional shelter
- Self-esteem building activities
- Advocacy
- Street outreach services
- Information & referral

CENTRAL OREGON FAMILY RESOURCE CENTER

Description	Offers parenting & family skills classes, Community Helpline	SERVICES
Eligibility Requirements	None	
Languages	English, and some classes available in Spanish	
Offices	1130 NW Harriman St. Suite B Bend, 97701 389-5468	
Service Area	Central Oregon	

- Parent & family skills training classes -birth to 18
- Special classes for targeted audiences: fathers
- Free parent and family lending library
- 211

CHILD CARE RESOURCES (NEIGHBORIMPACT)
CCR

Description	Dedicated to promoting and recruiting quality, affordable child care.	SERVICES
Eligibility Requirements	Call for information.	
Languages	English, Spanish	
Offices	NeighborImpact 2303 SW First St. Redmond, 97756 548-2380 ext. 119, 118 for providers, 113 for parents, 121 for Spanish	
Service Area	Crook, Deschutes, & Jefferson Counties	

- For Providers:**
- Training, individual consultation and referrals. Technical assistance in starting up a child care business
- For Parents:**
- Information on selecting quality care for children and child care referral
- For Employers:**
- Offers consultations on employer-sponsored child care, current workforce trends and tax credits

DEPARTMENT OF HUMAN SERVICES-SELF SUFFICIENCY PROGRAM
DHS

Description	Helps low income families become self-supporting while assisting them in meeting their basic needs.			SERVICES <ul style="list-style-type: none"> • Food Stamps-coupons for food purchases for low income households • Medical Programs-medical card; preventative care • Temporary Assistance to Needy Families (TANF)-cash assistance to families with children while they work toward self-sufficiency • Child Care-assists low income employed families in paying child care costs. Classes are also available to educate parents on child care issues • Work Assistance Programs (JOBS, JOB Plus, and Workfare)-programs to provide skill development, work training opportunities and supports necessary to help participants get and keep employment
Eligibility Requirements	Eligibility guidelines vary according to program. Household income is one of the basic requirements which must be met for each program.			
Languages	English, Spanish			
Offices	Bend Office 1300 NW Wall St Suite 101 Bend, 97701 388-6010 M-F 8-5	La Pine Office 16493 Bluewood Pl. Suite 3 La Pine, 97739 536-5380 M-F 8-5	Madras Office 678 NE Hwy. 97 Suite A Madras, 97741 475-6131 M-F 8-5	
	Prineville Office 457 NEOchoco Plaza Dr. Prineville, 97754 447-3851 M-F 8-5	Redmond Office 2158 SE College Lp. Suite A Redmond, 97756 548-5547 M-F 7:30-5	Warm Springs Office 1144 Warm Springs St Warm Springs, 97761 553-1626 M, T, W, F 9:00-4:15 Th 1:30-4:15	
Service Area	Central Oregon			

EARLY INTERVENTION & EARLY CHILDHOOD SPECIAL EDUCATION
EI/ECSE

Description	Special education services to qualified children birth-school age.	SERVICES <ul style="list-style-type: none"> • Parent, infant & toddler groups • Home visits • Preschool • Physical & occupational therapy • Speech/language services • Hearing/vision specialist • Audiology • Service coordination
Eligibility	Call for eligibility requirements.	
Languages	English, Spanish in certain locations	
Offices	Alyce Hatch Center 1406 NW Juniper Bend, 97701 312-1940 M-Th 8-5	
	Referrals Deschutes & Crook Counties 312-1947, 312-1948 Jefferson County 475-3770	
Service Area	Crook, Deschutes, & Jefferson Counties	

FAMILY ACCESS NETWORK FAN

Description	Improve lives by ensuring all children in Deschutes County have access to basic-need services	<p>SERVICES</p> <ul style="list-style-type: none"> • Referrals to food, shelter, clothing and health insurance resources • Wellness clinic • School supplies
Eligibility Requirements	Must have school age child(ren) enrolled in public school system	
Languages	English (Spanish interpreter as needed)	
Offices	See below - Main Office Number—693-5675 (individual sites can change—call main number for current site contact information).	
Service Area	Deschutes County	

Early Childhood Sites		Pilot Butte Middle School	355-7471
Alyce Hatch	312-1942	Pine Ridge Elementary	388-5896
Becky Johnson Center	617-4787	Ponderosa Elementary	323-4316
Redmond 0-8 yrs	693-5732	REALMs MS	355-7471
Bend 0-8 yrs	693-2226	Skyview Middle School	322-5224
LaPine 0-8yrs	693-5730	Rosland ES	355-8117
Bend-La Pine School District		Tamarack Middle/High	693-2269
Amity Creek	355-1508	Summit High School	322-3318
Bear Creek Elementary	355-1483	Three Rivers Elementary	593-3555
Bend High	322-5015	Westside Village	355-7343
Buckingham Elementary	322-2838	Redmond School District	
Cascade Middle School	383-6568	Edwin Brown Center	977-6923
Elk Meadow Elementary	355-1508	Elton Gregory Middle	526-6440
Ensworth Elementary	693-2224	Hugh Hartman Elementary	504-5653
High Desert Middle School	355-7343	John Tuck Elementary	923-4884
High Lakes Elementary	322-5180	Lynch Elementary	548-1109
Highland Elementary	355-1483	Obsidian Middle School	923-4900
Jewell Elementary	388-5940	Redmond High School	504-5653
Juniper Elementary	355-1858	Sage ES	977-6923
La Pine Elementary	355-8075	Terrebonne	923-4856
La Pine High School	355-8460	Tom McCall Elementary	526-6400
La Pine Middle School	355-8272	Tumalo Elementary	382-2853
Lava Ridge Elementary	355-2408	Vern Patrick Elementary	923-4831
Marshall High School	693-2269	Sisters School District	
Miller ES	355-2517	Sisters Community	549-0155
Mountain View High School	322-5412		

KIDS INTERVENTION & DIAGNOSTIC SERVICE CENTER

Description	Therapy & advocacy services.	SERVICES <ul style="list-style-type: none"> • Medical evaluation, advocacy, & therapy for children of abuse • Parent training services for DHS clients • Prevention & intervention written materials available on child abuse topics • After hours mental health emergency, please call 389-5836 • National Child Abuse Hotline 1-800-4ACHILD
Eligibility Requirements	Call for eligibility requirements.	
Languages	English, Spanish	
Offices	1375 NW Kingston Bend, 97701 383-5958 M-F 8-5	
Service Area	Crook, Deschutes, & Jefferson Counties	

MEADOWLARK

Description	Residential treatment facility dedicated to empower young women to achieve personal growth and independence.	SERVICES <ul style="list-style-type: none"> • Treatment groups for drug & alcohol abuse, physical & sexual abuse • Anger management • Academics • Community service projects
Eligibility Requirements	Call for eligibility requirements.	
Languages	English	
Offices	Bend, 97702 382-7025 meadowlark@empnet.com	
Service Area	State of Oregon	

MOUNTAINSTAR FAMILY RELIEF NURSERY

Description	Supports families with children ages 6 weeks to 4 years who are experiencing high stress.	SERVICES <ul style="list-style-type: none"> • Therapeutic early childhood programs • Infant classes • Parent support & education • Home visits • Food bank • Clothing closet • Respite Care • Healthy Kids Insurance • Mental Health Services
Eligibility Requirements	Call for eligibility requirements.	
Languages	English, Spanish	
Offices	2125 NE Daggett Lane Bend, 97701 322-6820	
Service Area	Deschutes County	

SISTERS PARK AND RECREATION DISTRICT

Description	Recreation District.	SERVICES <ul style="list-style-type: none"> • Sports & fitness • Arts & cultural programs • Educational tutoring • Tae kwon do • Pre-school latchkey program • Teen center • Teen clubs • Wilderness programs • Adult programs • Kindergarten
Eligibility Requirements	No eligibility requirements.	
Languages	English	
Offices	1750 W. McKinney Butte Rd. Sisters, 97759 549-2091	
Service Area	Crook, Deschutes & Jefferson Counties	

EDUCATION

CENTRAL OREGON COMMUNITY COLLEGE COCC

Description	Community College			SERVICES
Eligibility Requirements	Call for information.			<ul style="list-style-type: none"> • GED • Adult Basic Education (ABE) • College preparation • Career counseling • Tutoring • Student advisors • Associate Degree Programs • Transfer programs • Certificate programs • English as Second Language (ESL)
Languages	English, Spanish			
Offices	Bend Office 2600 College Way Bend, 97701 383-7700	Redmond Office 2030 SE College Loop Rd Redmond, 97756 504-2900	Warm Springs 1110 Wasco Warm Springs 97761 553-1428 504-2914	
Service Area	Crook, Deschutes, & Jefferson Counties			

THE CHILDREN'S LEARNING CENTER

Description	Programs for children.		SERVICES
Eligibility Requirements	Call for income eligibility requirements (depends on family size)		<ul style="list-style-type: none"> • Child Care (6 weeks—5 years) • Head Start • Preschool
Languages	English, Spanish		
Offices	650 NE A St. Madras, 97741 475-3628		
Service Area	Madras, Culver, Metolious		

NEIGHBORIMPACT HEAD START

Description	Preschool & family support program for 3-4 year olds at no cost to qualifying families.	SERVICES
Eligibility Requirements	Low income children (ages 3 & 4). Must meet federal income guidelines. Serves those with the highest need.	
Languages	English, Spanish	
Offices	2303 SW First St. Redmond, 97756 548-2380 ext. 127	
Service Area	Crook & Deschutes Counties	
		<ul style="list-style-type: none"> • 4 days of preschool each week • 2 nutritious meals each day • Parent leadership opportunities • Transportation provided in most areas • Free parenting classes • Support with health services • Family support services • Services for children of all abilities • Builds child & family assets • School readiness

MID COLUMBIA HEADSTART

Description	Preschool child development program.	SERVICES
Eligibility Requirements	Low income and disabled children (Prenatal—5) Must meet federal income guidelines.	
Languages	English, Spanish	
Offices	Mid-Columbia Children’s Council Call 541 386-2010	
Service Area	Jefferson , Wasco & Hood River Counties	
		<ul style="list-style-type: none"> • Preschool child development programs for children ages 3-4 yrs. • Social, emotional, educational, health, and nutritional support • Provides community resources & referrals • Family home visits • Birth– 3 services • Mental Health • Prenatal

MIGRANT HEADSTART

Description	Preschool child development program.	SERVICES
Eligibility Requirements	Must meet 51% of Agricultural Income Guidelines. Infant-pre Kindergarten Contact Dyan (475-6232) with questions)	
Languages	English, Spanish	
Offices	659 NE “A” St Madras, 97741 475-6232	
Service Area	Jefferson County	
		<ul style="list-style-type: none"> • Programs for children 6 weeks to 5 years • Program runs March to Oct • Early Childhood Program • Family services: health, education, nutrition, social services

OREGON STATE UNIVERSITY EXTENSION SERVICE

Description	An off-campus arm of Oregon State University, intended to help Oregonians apply scientific knowledge on the job & at home.			SERVICES
Eligibility Requirements	Call for information.			
Languages	English			
Offices	Crook County 498 SE Lynn Blvd. Prineville, 97754 447-6228	Deschutes County 3893 SW Airport Way Redmond, 97756 548-6088	Jefferson County 34 SE D St. Madras, 97741 475-3808	
Service Area	Crook, Deschutes, & Jefferson Counties			

TOGETHER FOR CHILDREN

Description	Educational program designed to provide practical help for families of young children.			SERVICES
Eligibility Requirements	For parents, partners and extended family members who have a child or children ages 0-3. Fee required / Scholarships available.			
Languages	English			
Offices	2125 NE Daggett Ln. Bend, OR 97701 389-9317 Call and leave message for return call www.togetherforchildren.org			
Service Area	Deschutes County			

OREGON STATE UNIVERSITY CASCADES

Description	A campus of Oregon State University providing four year degree programs in affiliation with both Central Oregon Community College and the University of Oregon		SERVICES
Eligibility Requirements	Call for information.		
Languages	English, Spanish		
Offices	Cascades Hall Central Oregon Community College Campus 2600 College Way Bend, 97701 322-3100		
Service Area	No service boundary		

EMPLOYMENT

**CENTRAL OREGON INTERGOVERNMENTAL COUNCIL
COIC**

Description	Helps low income persons, high school drop outs, and dislocated workers with educational, employment, and job training programs.		SERVICES <ul style="list-style-type: none"> • Skills assessments • Pre-Employment training workshops • Summer youth employment & training program • English as a second language (with COCC) • GED (with COCC) • Computer classes • Job search assistance • Youth Alternative Education Program • Interviewing training • Resume training
Eligibility	Call for eligibility requirements.		
Languages	English, Spanish		
Offices	Crook County 2321 NE 3rd St. Prineville, 97754 447-3119 M-F 8-5	Deschutes County Bend Office 1645 NE Forbes Rd Suite 101 Bend, 97701 389-9661 M-F 8-5	
	Deschutes County Redmond Office 2158 SE College Loop Suite C Redmond, 97756 504-2955 M-F 8-5	Jefferson County 243 SW 3rd Madras, 97741 475-7118 M-F 8-12, 1-5	
	LaPine Office 16493 Bluewood Dr LaPine, 97739 536-5380 M-F 7:30-5	Redmond Administrative Office 2363 SW Glacier Pl. Redmond, 97756 548-8163 M-F 8-12, 1-5	
Service Area	Crook, Deschutes, & Jefferson Counties		

JOB CORPS

Description	For young adults ages 16-24 with limited job skills & financial resources. Free academic, vocational, & social skills training in a residential environment.	SERVICES
Eligibility Requirements	Must meet federal income guidelines, age requirement and have a commitment to completing the program.	
Languages	English	
Office No local offices—6 located around the state)	MTC Job Corps 1-800 733-5627 www.jobcorps.job	
Service Area	State of Oregon	
		Training: <ul style="list-style-type: none"> • Lasts up to 2 years; during that time all living expenses are paid (bus tickets to training center, dormitory, medical, dental, & clothing allowance) Trades to be trained include: <ul style="list-style-type: none"> • Heavy equipment operation & repair, landscape gardening, carpentry, culinary arts, drafting, accounting, & business occupation • High School diplomas & GED • Job placement

OREGON EMPLOYMENT DEPARTMENT

Description	Coordinates employment information and unemployment insurance.		SERVICES
Eligibility Requirements	Call for eligibility requirements.		
Languages	English, Spanish		
Offices	Crook County 2321 NE 3rd St Prineville, 97754 447-8076 M-F 8-5	Deschutes County 1645 NE Forbes Rd Bend, 97701 388-6070 M-F 8-5	
	Deschutes County 2158 SE College Lp. Ste B Redmond, 97756 548-8196 M-F 8-5	Jefferson County 243 SW 3rd St. Madras, 97741 475-2382 M-F 8-12, 1-5	
Service Area	Crook, Deschutes, & Jefferson Counties		
			<ul style="list-style-type: none"> • Job opening listings • Labor market information • Job placement & counseling services • Veterans' services department • Unemployment insurance services

WARMS SPRINGS VOCATIONAL REHABILITATION PROGRAM

Description	A federally funded program to assist Native Americans with disabilities to obtain, maintain, or become promoted in employment.	SERVICES
Eligibility Requirements	Must be disabled & enrolled in a federally recognized Native American Tribe. Call for additional eligibility requirements.	
Languages	English	
Offices	4217-A Holliday Way Warm Springs, 97761 553-4952	
Service Area	Warm Springs Reservation & area within 65 mile radius of reservation boundaries.	
		<ul style="list-style-type: none"> • Vocation counseling & guidance • Transportation to training or job sites • Tools, equipment, & licenses • Resumes & job direction • On the job training, job search assistance or job interview skills.

HEALTH SERVICES

DESCHUTES COUNTY BEHAVIORAL MENTAL HEALTH

Description	Outpatient alcohol/drug program and mental health.	SERVICES <ul style="list-style-type: none"> • Alcohol & drug abuse/dependency program • Individual, group, & family counseling • Intake evaluation
Eligibility Requirements	Call for eligibility requirements.	
Languages	English	
Offices	Deschutes County Health Services 2577 NE Courtney Dr. Bend, 97701 322-7500 M-F 8-5,	
Service Area	Deschutes County	

BESTCARE TREATMENT SERVICES

Description	Best Care is committed to advocating & providing compassionate care in the treatment & prevention of addiction & mental illness.		SERVICES <ul style="list-style-type: none"> • Full continuum of care • Out patient addiction treatment • Detoxification center in Redmond • Clean & sober transitional housing for women • Programa de Recuperacion de Madras—the only Hispanic residential treatment program in the State • Addiction free pain management • Mental Health
Eligibility Requirements	In need of services.		
Languages	English, Spanish		
Offices	Administration & Residential Treatment 676 NE Negus Way Redmond, 97756 504-9577	Bend Outpatient 461 NE Greenwood Suite A Bend, 97701 617-7365	
	Madras Mental Health & Addiction Services 125 SW C St. Madras, 97741 475-6575	Programa de Recuperacion 236 SE D St. Madras, 97741 475-5300	
Service Area	Deschutes & Jefferson Counties		

CACOON

Description	A home visit program for families with children, ages 0-20, who have special health needs.	SERVICES
Eligibility Requirements	Call for eligibility requirements.	
Languages	English, Spanish	
Offices	Crook County Health Department 375 NW Beaver St Suite 100 Prineville, 97754 447-5165 M-F 8-5	
Service Area	Crook County	

CENTRAL OREGON RESOURCES FOR INDEPENDENT LIVING CORIL

Description	Programs designed to assist people who experience disabilities help themselves toward greater personal independence and a better quality of life.	SERVICES
Eligibility Requirements	Must have a disability Call with questions regarding eligibility	
Languages	English	
Offices	20436 Clay Pigeon Court Bend, 97701 388-8103 M-F 8-5 and by appointment	
Service Area	Crook, Deschutes, & Jefferson Counties	

HEALTHY START PRENATAL SERVICE

Description	To help low income mothers overcome some of the difficulties of maintaining a healthy pregnancy & delivering a healthy baby by providing a range of prenatal care services.	SERVICES
Eligibility Requirements	Must be at or below 200% of federal poverty guidelines; fees based on a sliding scale.	
Languages	English, Spanish—Other languages supported as needed via translation service	
Offices	Deschutes County Human Services 2577 NE Courtney Dr. Bend, 97701 322-7444 T & F 8-4:30	
Service Area	Deschutes County	

DEPARTMENT OF HUMAN SERVICES-SELF SUFFICIENCY PROGRAM
DHS

Description	Helps low income families become self-supporting while assisting them in meeting their basic needs.			SERVICES
Eligibility Requirements	Eligibility guidelines vary according to program. Household income is one of the basic requirements which must be met for each program.			
Languages	English, Spanish			
Offices	Bend Office 1300 NW Wall St Suite 101 Bend, 97701 388-6010 M-F 8-5	La Pine Office 16493 Bluewood Pl. Suite 3 La Pine, 97739 536-5380 M-F 8-5	Madras Office 678 NE Hwy. 97 Suite C Madras, 97741 475-6131 M-F 8-5	
	Prineville Office 457 NE Ochoco Plaza Dr. Prineville, 97754 447-3851 M-F 8-5	Redmond Office 2158 SE College Lp. Suite A Redmond, 97756 548-5547 M-F 7:30-5	Warm Springs Office 1144 Warm Springs St Warm Springs, 97761 553-1626 M, T, W, F 9:00-4:15 Th 1:30-4:15	
Service Area	Central Oregon			

- **Food Stamps**-Food coupons for low income households
- **Medical Programs**-medical card; preventative care
- **Temporary Assistance to Needy Families (TANF)**-cash assistance to families with children while they work toward self-sufficiency
- **Child Care**-assists low income employed families in paying child care costs. Child care
- **Work Assistance Programs (JOBS, JOB Plus, and Workfare)**-programs to provide skill development, work training opportunities and supports necessary to help participants get and keep employment
- **Domestic Violence Grants**— Limited financial aid for men/ women with children having safety issues

FAMILY HEALTH INSURANCE ASSISTANCE PROGRAM
FHIAP

Description	Helps Oregon families afford the protection & benefits of a health insurance plan.	SERVICES
Eligibility Requirements	Call for eligibility requirements.	
Languages	English	
Offices	1-888-564-9669 1-800-542-3104 1-800-735-2900 (Relay service)	
Service Area	State of Oregon	

- Subsidizes purchase of health insurance for qualified, uninsured Oregonians
- Helps families obtain health insurance

SCHOOL BASED HEALTH CLINICS

Description	Affordable, convenient health care and health education.			SERVICES Includes <ul style="list-style-type: none"> • Wellness check-ups • Sick-child care • Immunizations • Sports physicals • Asthma clinics
Eligibility Requirements	Children 0-20			
Languages	English, Spanish			
Offices	Ensworth Elementary 2150 NE Daggett Ln Bend 97701 693-2222	51605 Coach Rd La Pine 97739 536-0400	1700 W McKinney Butte Rd Sisters 97759 549-3183	
	MA Lynch Elementary 1314 SW Kalama Ave Redmond 97756 504-3589		Redmond High School 675 Rimrock Drive Redmond 97756 923-8920	
Service Area	Deschutes County (Crook County—School year 11-12)			

HEALTH DEPARTMENTS

Description	Provides a variety of programs & information related to health & preventative care.			SERVICES <ul style="list-style-type: none"> • Immunizations • Child health clinics • HIV testing & counseling • Limited lab tests • Pregnancy tests • Prenatal care • Support services for high risk infants, toddlers, & children • Oregon Health Plan enrollment • Family planning • Maternity case management
Eligibility Require-	Fees based on sliding scale. Please schedule an appointment. No one denied services if unable to pay.			
Languages	English, Spanish			
Offices	Crook County 375 NW Beaver St Suite 100 Prineville, 97754 447-5165 M-F 8-5	La Pine Communi-ty Campus 51605 Coach Rd La Pine, 97739 322-7400 M-F 8-5	Bend Office 2577 NE Courtney Dr. Bend, 97701 322-7400 M-Th 8-5	
	Becky Johnson Center 412 SW 8th St. Redmond, 97756 617-4775 M-Th 8-5	Jefferson County 715 SW 4th St. Suite C Madras, 97741 475-4456 M-F 8-12:30, 1:30-5		
Service Area	Crook, Deschutes, & Jefferson Counties			

HEALTHY BEGINNINGS

Description	Provides health & developmental screening for children age birth through five.	SERVICES <ul style="list-style-type: none"> • Screening/consultation for: health, vision, hearing, nutrition, dental, behavior, speech/language, developmental • Referrals and follow up • Parental training, information and support
Eligibility Requirements	All children are welcome. Services are free, however donations are welcome.	
Languages	English, Spanish	
Offices	1029 NW 14th St Ste 102 Bend, 97701 383-6357 M-F 8-5	
Service Area	Deschutes County	

HOSPICE SERVICES

Description	Provides medical care & support to people who are terminally ill & their families.		SERVICES
Eligibility Requirements	Call for eligibility requirements.		
Languages	English		
Offices	Pioneer Memorial Hospital 1201 NE Elm St. Prineville, 97754 447-2510	Partners In Care 2075 NE Wyatt Ct Bend, 97701 382-5882, 1 800 383-5882 Redmond: 504-2800 La Pine: 536-5990	
	Hospice of Redmond Sisters 723 SW 23rd Ave. Redmond, 97756 548-7483	Jefferson County Mountain View Hospital 470 NE A St. Madras, 97741 475-3882 M-F 8-5	
Service Area	Crook, Deschutes, & Jefferson Counties		

- Medical services for the terminally ill
- Counseling & bereavement
- Nursing, home health aides
- Pastoral counseling
- Pain control
- Short term inpatient care
- Educational workshops
- Support groups
- Non-denominational pastoral care

LUTHERAN COMMUNITY SERVICES, NORTHWEST

Description	Provides counseling & support to those in need.	SERVICES
Eligibility Requirements	Call for eligibility requirements.	
Languages	English, Spanish via translator	
Offices	365 NE Court Prineville, 97754 447-7441 M-F 8-5	
Service Area	Crook County	

- Counseling on:
- Alcohol & drug (adults only)
 - Mental health including: depression, anxiety, severe & persistent mental illness
 - Children and familie
 - Domestic violence
- Turning Point—Lunch site for clients in mental health treatment
- Transitional housing for mental health clients

MENTAL HEALTH DEPARTMENTS

Description	Provides a variety of programs & information for mentally ill individuals & persons in crisis.			SERVICES
Eligibility Requirements	Fees based on a sliding scale.			
Languages	English, Spanish available			
Offices	Crook County 365 NE Court St. Prineville, 97754 447-7441 M-F 8-5 Evening Hrs by Appointment	Deschutes County 2577 NE Courtney Dr. Bend, 97701 322-7500 M-F 8-5	Jefferson County 125 SW "C" St. Madras, 97741 475-6575 M-F 8-5	
Service Area	Crook, Deschutes, & Jefferson Counties			

- Counseling for mentally ill individuals & persons in crisis
- Rainbow Clubhouse (Deschutes County)
- Turning Point Clubhouse (Crook County)
- Best Club (Jefferson County)
- Crisis line 1-888-232-7192

MOSAIC MEDICAL

Description	Not for profit organization offering comprehensive primary care & mental health. Flexible payment plans available.			SERVICES
Eligibility Requirements	All insurances accepted. Patients below 200% of Federal Poverty Level are eligible for discounted fees. Call for eligibility information.			
Languages	English & Spanish			
Offices No walk ins Call for Appointment	375 NW Beaver St Ste 101 Prineville, 97754 447-0707 M, T, Th, F 8-5 W 8-8	409 NE Greenwood Bend, 97701 383-3005 M, W, F 8-5	910 SW Highway 97 Suite 101 Madras, 97741 475-7800 M-F 8-5	
Service Area	Crook, Deschutes & Jefferson Counties			

- Primary care services
- Mental health services
- Prenatal services
- Dental services-limited to established patients or emergency/urgent needs only

PLANNED PARENTHOOD OF THE COLUMBIA/WILLAMETTE

Description	Education & resource center.			SERVICES
Eligibility Requirements	Call for eligibility requirements.			
Languages	English & Spanish			
Offices	2330 NE Division St. Suite 7 Bend, 97701 389-9973 Call for hours			
Service Area	Crook, Deschutes, & Jefferson Counties			

- Low cost birth control services & supplies
- Emergency contraception pills
- Pregnancy testing & options counseling
- Annual checkups
- Testing & treatment of sexually transmitted infections
- First trimester abortion care, education, & support
- Referrals for prenatal care, parenting, abortion & adoption services
- Workshops for teens, parents,

PREGNANCY RESOURCE CENTER

Description	Offers hope, help & healing to women & teens who are facing a pregnancy.		SERVICES <ul style="list-style-type: none"> • Intervention-counseling & resources • Prevention-abstinence education, speakers bureau, resource library • Reconciliation-support groups, evangelism, healing & restoration • Parenting Classes • Maternity & baby clothes • Free pregnancy tests • Education
Eligibility Requirements	None		
Languages	English, Spanish (Jefferson County)		
Offices (Admin) 318-1949	Crook County 399 NW Deer St. Prineville, 97754 447-2420 M-W 10-5	Deschutes County 365 NE Quimby Ave #2 Bend, 97701 385-5334 T-Th 9-4	
	Deschutes County 465 NW Elm St #101 Redmond, 97756 504-8919 M-W 9-5 Th 10-5	Jefferson County 291 SE 7th St. Madras, 97741 475-5338 Th 9:30-5 F 9:30-1	
Service Area	Crook, Deschutes, & Jefferson Counties		

HEALTHY FAMILIES of the HIGH DESERT

Description	Services are offered to families of newborns.	SERVICES <ul style="list-style-type: none"> • Promote positive parent/child interaction • Assessments of child development • Promote child health & development • Parent education & support • Resource referrals
Eligibility Requirements	Call for eligibility requirements.	
Languages	English	
Offices	2125 NE Daggett Bend, 97701 749-2133	
Service Area	Deschutes County	

SENIORS & PEOPLE WITH DISABILITIES (State of Oregon)

Description	SPD helps seniors function in their own homes & communities by strengthening individual abilities and by providing community			SERVICES
Eligibility Requirements	Must be a senior, 65 years of age or older, or a person over 18 living with a disability. Income and resources eligibility vary according to program. Functional assessment is required for long term care services.			
Languages	English, Spanish			
Offices	Bend Office 1300 NW Wall St Bend, 97701 388-6240 M-F 8-5	La Pine Office 16493 Bluewood Pl. Suite 1 La Pine 97739 536-8919 M-F 8-5	Madras Office 678 NE Hwy. 97 #D Madras, 97741 475-6773 M-F 8-5	
	Redmond Office 1135 SW Highland Redmond, 97756 548-2206 M-F 8-5	Prineville Office 457 NE Ochoco Plaza Drive, Ste. C Prineville, 97754 447-4511 M-F 8-5		
Service Area	Crook, Deschutes, & Jefferson Counties			

- Food Stamps
- Employment person with disabilities
- Information & referrals for senior services
- Medical & cash assistance
- Medicaid & long term care (nursing facilities, assisted living, residential care, adult foster care, in-home services), Adult protective services (facility abuse, elderly abuse, protective services, risk intervention)

RIMROCK TRAILS

Description	Adolescent alcohol & drug treatment center.		SERVICES
Eligibility Requirements	Adolescents 12-17 (call for information)		
Languages	English & others on request		
Offices (Call main clinic for information)	Main Clinic 1333 NW 9th St. Prineville, 97754 447-2631	Outpatient 1010 NW 14th St. Bend, 97701	
	Outpatient 850 SW Antler Ave Redmond 97756	Outpatient 16360 1st St La Pine 97739	
Service Area	Crook, Deschutes, & Jefferson Counties		

- Residential treatment
- Outpatient treatment
- Early intervention
- Prevention & intervention program
- Education

**WOMEN, INFANTS & CHILDREN
WIC**

Description	A free health & nutrition program for pregnant women, nursing mothers, infants, & children up to the age of 5.			SERVICES
Eligibility Requirements	Must be eligible under Oregon WIC income guidelines & have nutritional/health need.			
Languages	English, Spanish			
Offices	Crook County 375 NW Beaver St Suite 100 Prineville, 97754 447-5165 M-F 8-5	1701 W McKinney Butte Rd Sisters 97739 322-7400 1st Friday 9-12,1-4	Jefferson County 715 SW 4th St. Suite C Madras, 97741 475-4456 M-F 8-5	
	Becky Johnson Center 412 SW 8th Redmond ,97756 617-4775 M-Th 7:30-12, 1-5:30	2577 NE Courtney Dr. Bend, 97701 322-7400 M-F 8-12, 1-5	La Pine Community Center 51605 Coach Road La Pine, 97739 322-7400 T 9-12, 1-4	
Service Area	Crook, Deschutes, & Jefferson Counties			

- Voucher program for free healthy food Including juice, milk, eggs, cereal, & infant formula
- Information & referral services
- Growth & developmental evaluations for children
- Goal setting & behavior change counseling
- Breastfeeding support
- Health & diet/nutritional counseling

CITY CARE CLINIC

Description	The clinic works with local providers to offer no cost basic health care to those who qualify. The program does not include prescriptions, visits to specialists or surgery.	SERVICES
Eligibility Requirements	Clients cannot have any kind of insurance, including Medicare or Medicaid, nor can they qualify for the Oregon Health Plan.	
Languages	English	
Offices	818 SW Forest Ave. Redmond, 97756 504-5333 316-2582 1-4 PM Wednesdays (except 4th Wed of month) & 4th Tuesday	
Service Area	Crook, Deschutes, & Jefferson Counties	

- Basic health screenings and prevention visits
- Non-perishable food items
- Clothing

**VOLUNTEERS IN MEDICINE
VIM**

Description	The clinic provides health care to residents of Deschutes County who have no medical insurance and meet the Clinic's eligibility criteria.	SERVICES
Eligibility Requirements	Clients cannot have any kind of insurance, including Medicare or Medicaid, nor can they qualify for the Oregon Health Plan. Household income must be below 200% of the federal poverty level.	
Languages	English (Interpreters available if arrangements made in advance)	
Offices	330-9001 Please call for appointments Walk ins not accepted M (1-5), T (4-8), W (1-5), Th (9-1), F (9-1) (Not all services available during all open hours)	
Service Area	Deschutes County Residents (minimum 6 months)	

- Primary Care
- Outpatient GYN services
- Prevention and some cancer screenings
- Mental health assessment
- Minor procedures
- Outpatient lab testing (blood & urine)
- Prescription assistance with generics and samples

**ADVANTAGE SMILES FOR KIDS
ASK**

Description	Provides orthodontics and related dental care to low income, at risk children	SERVICES
Eligibility Requirements	Must be under 15 years of age. Contact for other eligibility criteria. Include income level, referrals, at risk determination.	
Languages	English	
Offices	Must be referred 504-3911 & 373-4670 for information	
Service Area	Crook, Deschutes and Jefferson Counties	

- Orthodontic care (braces)
- Related dental care needed for orthodontics

HOUSING

NEIGHBORIMPACT TRANSITIONAL HOUSING PROGRAM THP

Description	Transitional housing program for homeless families.		SERVICES
Eligibility Requirements	Homeless families with children. Must have some income to supply partial funds.		
Languages	English, Spanish		
Offices (Please call appropriate office for appointment)	Crook County 203 NE Court St. Prineville, 97754 416-0107	Jefferson County 645 SW Marshall St. Madras, 97741 475-7017	
	Deschutes County For information call 541 385-0301		
Service Area	Crook, Deschutes, & Jefferson Counties		

HOUSING WORKS

Description	Develops & maintains community housing resources to meet the needs of very low to moderate income families and special needs individuals.		SERVICES
Eligibility Requirements	Please call for information.		
Languages	English, Spanish		
Offices	405 SW 6th St. Redmond, 97756 923-1018 M-F 8-5		
Service Area	Crook, Deschutes, & Jefferson Counties		

HABITAT FOR HUMANITY

Description	Works in partnership with low income families to build their own homes.		SERVICES <ul style="list-style-type: none"> • New home construction for families • Educational services • www.bendhabitat.org
Eligibility Require-	Income eligibility, must provide 500 hours of “sweat equity.”		
Lan-	English		
Offices	Deschutes County 1860 NE. 4th St. Bend, 97701 385-5387 M-F 8-5	Deschutes County Newberry 593-5011 Redmond 548-1406 Sisters 549-1193	
	Jefferson County 49 SE 12th St. Madras, 97741 475-6650	Crook County Contact Bend office	
Service	Crook, Deschutes, & Jefferson Counties		

NEIGHBORIMPACT HOUSING CENTER

Description	The Housing Center offers classes, counseling, and programs to strengthen house hold finances and obtain, maintain and sustain home ownership.		SERVICES <ul style="list-style-type: none"> • Home buyer education & counseling • Foreclosure prevention counseling • Reverse mortgage counseling • Credit and budget counseling • Financial fitness classes • Down payment assistance • Educational workshops • Home rehabilitation • Home Weatherization • Energy Conservation Classes
Eligibility Requirements	All income levels are welcome. Please call for more information regarding specific programs.		
Languages	English, Spanish		
Offices	20310 Empire Ave Ste A110 Bend, 97702 318-7506	2602 SW 1st St Redmond, 97756 316-2038	
	645 SW Marshall St. Madras, 97741 475-0442	203 NE Court St. Prineville 97754 416-0107	
Service Area	Crook, Jefferson & Deschutes Counties		

RURAL DEVELOPMENT

Description	Provides housing finance loans in rural areas.		SERVICES <ul style="list-style-type: none"> • Housing Purchase loans • Home repair loans and grants • Information on housing services • Services to very low, low & moderate income families
Eligibility Requirements	Must be in rural area and low to very low income households.		
Languages	English		
Offices	625 SE Salmon Ave., Suite 5 Redmond, 97756 923-4358 ext. 4 8-4:30		
Service Area	Crook, Deschutes, Harney, Hood River, Jefferson, Klamath, Lake, Sherman & Wasco Counties		

NEIGHBORIMPACT HOME REHABILITATION PROGRAM

Description	The home rehab program offers low cost deferred loans to eligible clients for home rehabilitation.	<p>SERVICES</p> <ul style="list-style-type: none"> • Deferred loans for needed home improvements
Eligibility Require-	Please call for more information on this program.	
Languages	English, Spanish	
Offices	2303 SW 1st St. Redmond, 97756 541 316-2034	
Service Area	Crook, Jefferson & Deschutes Counties	

NEIGHBORIMPACT WEATHERIZATION PROGRAM

Description	The Weatherization program offers work for eligible clients to increase energy efficiency and address health and safety issues	<p>SERVICES</p> <ul style="list-style-type: none"> • Home improvements for household energy efficiency • Client training on saving energy
Eligibility Require-ments	Household income levels must be met. Please call for more information. Available to homeowners and renters with landlord participation	
Languages	English, Spanish	
Offices	2303 SW 1st St. Redmond, 97756 541 316-2034	
Service Area	Crook, Jefferson & Deschutes Counties	

LEGAL ASSISTANCE

CENTRAL OREGON MEDIATION

Description	Provides mediation services & educational workshops on conflict resolution.	SERVICES
Eligibility Requirements	Please call for eligibility requirements.	
Languages	English, Spanish available	
Offices	Deschutes County 1029 NW 14th St. Bend, 97701 383-0187 M-Th 8:30-1:30	
Service Area	Crook, Deschutes, & Jefferson Counties	

COURT APPOINTED SPECIAL ADVOCATES for CHILDREN CASA

Description	Provides volunteers to advocate for abused and neglected children and to ensure children have a voice in the court system.			SERVICES
Eligibility Requirements	Please call for eligibility requirements.			
Languages	English, Spanish available			
Offices	1130 NW Harriman Bend, 97701 389-1618 M-F 8-5	231 N Main St Ste 215 Prineville 447-7220	Jefferson County 475-9426	
Service Area	Crook, Deschutes, & Jefferson Counties			

LEGAL AID SERVICES of OREGON

Description	Provides legal assistance to low income people	SERVICES
Eligibility Requirements	Please call for eligibility requirements.	
Languages	English, Spanish available	
Offices	817 NW Hill St. Bend, 97701 385-6944 1 800 678-6944 M-W 10-2	
Service Area	Crook, Deschutes, & Jefferson Counties	
		<ul style="list-style-type: none"> • Legal assistance to low income people in the areas of <ul style="list-style-type: none"> • Family Law • Housing • Administrative Law • Consumer Law

OREGON STATE BAR

Description	Provides referral service matching low income residents with attorneys willing to work for reduced fees.	SERVICES
Eligibility Requirements	Please call for eligibility requirements.	
Languages	English, Spanish available	
Offices	503 684-3763 1 800 452-7636 M-F 9-5	
Service Area	Crook, Deschutes, & Jefferson Counties	
		<ul style="list-style-type: none"> • Provides legal service in the areas of <ul style="list-style-type: none"> • Landlord/Tenant • Criminal Law • Family Law

CROOK COUNTY VICTIMS ASSISTANCE

Description	Crime victim assistance. Immediate & ongoing support to victims of crime.	SERVICES
Eligibility Requirements	Any victim of crime in Crook County.	
Languages	English	
Offices	District Attorney Crook County Courthouse 300 E. 3rd St. Rm. 34 Prineville, 97754 447-4158	
Service Area	Crook County	
		<ul style="list-style-type: none"> • Advocates for victims • Provides information about rights • Provides assistance with property return & restitution • Provides referrals

DESCHUTES COUNTY VICTIMS ASSISTANCE

Description	Crime victim assistance. Immediate & ongoing support to victims of crime.	<p>SERVICES</p> <ul style="list-style-type: none"> • Advocates for victim • Provides information about rights • Referrals • Provides support through criminal justice process • Provides assistance with crime victim compensation
Eligibility Requirements	Any victim of crime in Deschutes County.	
Languages	English	
Offices	District Attorney 1164 NW Bond St. Bend, 97701 388-6525	
Service Area	Deschutes County	

JEFFERSON COUNTY VICTIMS ASSISTANCE

Description	Assists victims of crime with informational & emotional support through the court process. Emergency on call.	<p>SERVICES</p> <ul style="list-style-type: none"> • Personal contact & follow up support to victims • Assists with property return & restitution • Victim written notification of case status, hearing dates, & compensation • Victim impact statement and/or support during sentencing
Eligibility Requirements	Call for eligibility requirements. Handle criminal cases & civil cases involving restraining orders.	
Languages	English (Spanish interpreter as needed)	
Offices	Jefferson County Courthouse 75 SE C St. Madras, 97741 475-4463 M-F 8:30-5, 24 hour on-call	
Service Area	Jefferson County	

HOTLINE & OTHER RESOURCE NUMBERS

HEALTH SERVICES

AIDS/HIV/STD's/Immunizations/Disease outbreaks/ Autism

Hotline 1-800-342-AIDS

Alcohol and Drug HELPLINE (Oregon Partnership, Inc)

1-800-923-HELP

Alcohol and Drug Services (Service unit of Deschutes County Human Services)

24 hr crisis hotline 322-7500
after 5 PM 1-800-875-7364, 1-888-232-7192,
1-800-843-7274

American Cancer Society

1-800-227-2345 Portland

Child and Family Mental Health Line

24 hour crisis hotline call 322-7500 or 1-888-232-7192

The Family Health Insurance Assistance Program (FHIAP)

1-888-564-9669

Oregon Health Plan

1-800-359-9517

Oregon SafeNet Maternal and Child Health Hotline

1-800-723-3638

Oregon Youth Line

1-877-553-8336 (English)

7-877-515-7848 (Spanish)

SENIOR RESOURCES

AARP

1-800-687-2277

Central Oregon Council on Aging (COCOA)

548-8817

Dial-a-Ride

Bend 389-7433	La Pine 536-3207
Redmond 548-0466	Sisters 548-8817
Madras 475-6494	Prineville 447-6729

Interfaith Volunteer Caregivers

Bend 385-9460	Redmond 548-7018
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Meals-on-Wheels

Bend 382-3008	La Pine 536-
3207Redmond 548-6325	Sisters 389-5224
Madras 475-6494	Prineville 447-6844
Crooked River Ranch 548-1086	

Senior and Disabled Services (State of Oregon)

Bend 388-6240	Redmond 548-2206
Prineville 447-4511	Madras 475-6773
La Pine 536-8919	

Senior Centers

Bend 382-3008	Crooked River Ranch 504-8236
La Pine 536-3207	Madras 475-6494
Redmond 548-6325	Prineville 447-6844
Sisters 549-4112	Warm Springs 553-3313

Senior Help Line

504-0392 or 1-877-704-4567

Social Security Administration

385-7009	1-800-772-1213
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Warm Springs Senior Transportation

553-3313

MISCELLANEOUS RESOURCES

Cascade Youth and Family Center Crisis Hotline 1-800-660-0934	Disabled Veterans Outreach Program 388-6455	Oregon Mothers Care 1-800-Safenet
Central Oregon Battering Rape Alliance 389-7021 Bend, or 1-800-356-2639	Family Resource Center 389-5468 –hotline Numbers available	Sexaholics Anonymous 1-503-224-9840
Central Oregon Veterans Outreach 383-2793	Latino Community Association 382-4366	Veteran’s Service Offices Bend 385-3214 Madras 475-5228 Prineville 447-5304
Crippled Children/ Child Development & Rehabilitation Center 1-800-637-0700	Northwest ADA Center 1-800-949-4232	
	Oregon Disabilities Commission 1-503-378-3142	

PREGNANCY & INFANT CARE RESOURCES

Birthright 382-5505 1-800-550-4900	New Hope Child & Family Agency 503-282-6726 1-800-228-3150	Planned Parenthood of the Columbia/Willamette 389-9973
Boys & Girls Aid Society 24 Hour emergency line 1-877-932-2734	Oregon Mothers Care 322-7448 1-800-safenet	Pregnancy Resource Center Of Central Oregon Bend 385-5334 Madras 475-5338 Prineville 447-2420
Downtown Women’s Center 503-224-3435 1-800-742-9202	Oregon Safenet Maternal and Child Health Hotline 1-800-723-3638 1-800-safenet	1-800-499-HOPE
Healthy Start Prenatal 322-7400 322-7444	Plan Loving Adoptions Now, Inc. (PLAN) 389-1820	

LEGAL RESOURCES

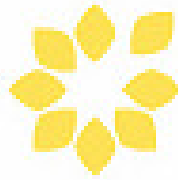
Central Oregon Mediation Deschutes County 383-0187	Department of Justice-Support Enforcement Division 388-6141 1-800-850-0028	Legal Aid Services of Oregon 385-6944
Consumer Credit Counseling Service of Central Oregon 389-6181 1-800-285-4605	County Victim’s Assistance Deschutes—388-6525 Crook—447-4158 Jefferson—475-4463	Oregon State Bar—Law Referral Services/Modest Means 1-800-452-7636
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ANSWER BOOK

NeighborImpact's Self-Help Guide to Agencies and Services in
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