



NeighborImpact

Critical Needs. Diverse Services. Empowering Change.

CHILD CARE RESOURCES PROVIDER NEWSLETTER

A free quarterly publication by NeighborImpact's Child Care Resources

Volume XIII Edition 2 April-June 2009



"I can do it myself" *Encouraging independence in young children*

From an early age, a child's search for independence is fueled by the desire to make things happen and to feel competent. A young child's opinion about her capabilities is, to a large extent, based on her parent's or caregiver's response to her. As an adult, your role in fostering independence is to provide love and support, encourage exploration and curiosity, teach skills, and allow the child to make appropriate choices. Your enthusiasm for a child's exploration sends a message that these activities are valued by you.

Sometimes the desire to make things happen takes young children down paths that require limit setting, or they may become frustrated while trying to master a certain task. While it is appropriate to allow for small doses of frustration, caregivers should be prepared to step in to prevent overwhelming frustration, and also to expect mistakes. The key is to provide an emotional safety net when trial and error results in more error than immediate success.

Like other developmental milestones for young children, successful accomplishment of self-care tasks are age-specific. An infant's efforts to lift his head, roll over, or sit up are significant steps toward independence. Love, affection, and nurturing will help him reach that goal.

A safe environment is paramount once children are mobile. Curious and daring toddlers have little or no judgment concerning their safety, so it's up to you to ensure that they can explore and experiment in safe surroundings. Independence at this stage can be encouraged by giving the child small choices as a way to exercise a measure of control over his life. These choices might include which story to read, song to sing, or which shirt to wear.

Preschoolers are verbally capable of expressing many thoughts, feelings and needs, and they are ready to take bigger steps toward independence. Encourage preschool children to do for themselves on a daily basis by allowing them to put away clothes and toys, for example. Establishing family chores--setting the table, folding towels, or helping with meal preparation--builds a sense of competence and teaches children how to do for others.

Once children reach school age, there are many opportunities to facilitate independence. Decisions about friends, school projects, and play are all a part of their daily life choices. Financial decision-making skills can be bolstered by giving older children responsibility with money, for example providing an allowance or designating a child as class treasurer. Although it is necessary to establish limits and maintain firm rules about important issues, it is equally important to honor children's choices whenever possible. By showing your genuine enthusiasm and recognizing the many small tasks a young child accomplishes, you are helping her gain control over her world and preparing her for a healthy, independent life.

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Child Care Resources

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The Resource

News

is published on a quarterly basis. Newsletter submissions must be received by the first of the month prior to mailing. All submissions are subject to approval by program staff. To submit information, call Denise Hudson at 541-548-2380 x 118 or email deniseh@neighborimpact.org.



Celebrate Week of the Young Child! FREE Family Barn Party & Community Dinner!

Friday, April 24th 4:00-7:30pm

Join Working Wonders Children's Museum at Hollinshead Barn for the 3rd family friendly festival for our community's young children! Enjoy an evening of dinner, music and fun! Award winning children's musician and performer, Victor Johnson will perform traditional styles of acoustic music and storytelling for kids and families from 5:30 pm-6:30 pm. And don't miss Clifford the Big Red Dog from 4 pm to 5:30 pm! Multiple community organizations will be on hand to offer activities and information on services for families with young children!



Week of the Young Child Activities and Parade at Sahalee Park

Theme: MUSIC

Presented by the Jefferson County Early
Childhood Committee

Date: Saturday April 18, 2009

Time: 10:00-1:00pm

Location: Madras, Oregon

The parade begins at the Jefferson County Library on 7th St. and ends at Sahalee Park. To enter the parade contact Kelly at 325-5040 or kelly.kerbow@co.jefferson.or.us by Friday April 17th

Activities in the park include:

A bubble station

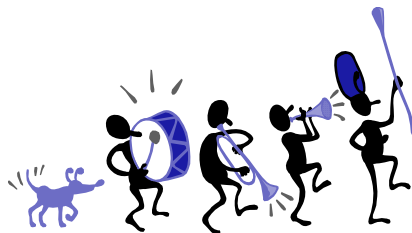
Bracelet and necklace making

Face painting

Bouncy castle

Make your own instruments

Parachute play and much more



Bring a lunch and have a picnic with your child while enjoying music. At noon a traveling storyteller from the Jefferson County Library will read stories.

Goodbye Jessica

NeighborImpact's Child Care Resources says goodbye to Jessica Born Provider Network Specialist. Jessica began developing the Bend Provider Network in September 2007. She worked diligently with the group helping them grow professionally through January 2009. Jessica accepted a job with Department Of Human Services as JOBS Program Assistant with COIC. She has been accepted to Oregon State Universities Master of Arts Teaching Program which she will begin June of 2009. Thank you for your contributions to CCR and Best Wishes Jessica!



Welcome New Providers

Providers we added to our database

From January 1, 2009 Through March 18, 2009

Sweetpeas & Buttercups-Jenna S.-Diane P.-Miriam E.-Mitzi M.

The Montessori Center-Linda C.-Elizabeth J.-Sonia D.-Soledad M.-Mindy N.

Araceli N.-Melissa B.-Norma P.-Susan B.-Kathryn M.-Stephanie K.-Nancy Q.

Danielle F.-Jennifer B.-Jeanna S.-Morgan P.-School of Enrichment-Jean B.

Crook County Christian School-Maria L. H.-Kathleen C.-Stephanie M.

The Montessori Center NW Crossing-Claudia A.-Karmalee-Sarai F.

Guadalupe R.-Veronica R.-NeighborImpact Head Start OPK East Bend

DHS Child Care Programs



What is a copay?

Most working families who receive DHS support with child care must pay part of the cost of child care each month. This portion of the cost is called a copay. The family's copay amount is based on their income and size of their family. The family owes the provider their copay plus any amount charged above the DHS payment limits. The billing form shows the copay amount that will be deducted from the DHS allowed rate.

Both the provider and the family will know the copay amount in advance. If there is more than one provider, usually only one will collect the copay. The family tells their case worker who their primary provider is. This is usually the provider who gives most of the child care. The family pays the copay to the primary provider. It is the provider's responsibility to collect the copay or make other arrangements with the parent. It is very important that the provider and the parent talk about the copay. It is up to the provider and the parent to decide how and when to collect the copay and other amounts DHS does not pay.

WHERE ARE THE CALLS COMING FROM?



Parent calls were received from the tri-county area between 12/5/2008 –3/16/2009. Here is the break down by zip codes.

97701– 36	97702– 21	97707– 1
97734– 3	97739–2	97741–12
97754– 14	97756–48	97759–2
97760– 4	97761–0	97753–1

Requests from parents regarding care for infants /toddlers, part time care and for care on rotating schedules account for many of the calls. Numerous calls were also received regarding night care and 24 hour care as well as a few requests for weekend care. Keep in mind that many families in our three counties work in the retail, tourism and medical industries

Oregon Statewide Mentoring Program

Need help becoming licensed, pursuing a degree program, enrollment in the Oregon Registry or working towards other professional development topics? **A mentor can help!!**

A mentor can also help with expanding your child care program, setting up your environment, caring for infants and toddlers, caring for children with special needs, developing your child care business and many other topics related to child care.

Contact Denise Hudson, State Mentor for Child Care Resources at 548-2380 X118 to get started today!

~ Learn what you need, share what you know.

Books Infants, Toddlers, Preschoolers & School-Agers Love.

Infants:

K is for Kissing a Cool Kangaroo ~ Andreae, Giles

My Little Sister Hugged an Ape ~ Grossman, Bill



Toddlers:

No More Diapers for Duckie! ~ Ford, Bernette

Will There Be a Lap for Me? ~ Corey, Dorothy

Preschoolers:

Bubble Bath Pirates ~ Krosoczka, Jarrett

Zoe's Hats ~ Holm, Sharon Lane

School-Agers:

The Best Chef in Second Grade ~ Kenah, Katharine

Zelda and Ivy:The Runaways ~ Kvasnosky, Laura McGee

The titles above are available at the Deschutes Public Library
www.dpls.or.us

Good Bye, Lisa

Saying good-bye isn't the easiest thing to do. Here at NeighborImpact's Child Care Resources we are saying good-bye to Lisa Vasquez, Program Manager. She worked diligently in her positions at CCR as Provider Consultant, Training Coordinator, Mentor Liaison, Parent Specialist and Program Manager over the last 7 1/2 years with NeighborImpact's Child Care Resources Program. Lisa dedicated her work with CCR to improving the quality of child care in Central Oregon and contributed immensely to the partner relationships we share with community agencies.

We are sad to see Lisa go but wish her the best in her new role at the Child Care Division.

Best wishes Lisa! Thank you for everything!

~ The NeighborImpact's Child Care Resources Team

~ Check out these websites



www.screentime.org- TV Turnoff Week April 20-26, 2009

<http://www.fruitsandveggiesmatter.gov/>- National Nutrition Month

<http://www.naeyc.org/about/woycl/>- Week of the Young Child ideas to celebrate.

The Power of Words

Kids words can be short and easy to speak,
but their echoes are truly endless.

- Mother Teresa

Julie Dotson, MS, LPC

Early Childhood Mental Health Consultant

Anyone who works with small children knows that life is messy. Staying calm, confident and hopeful can be a real challenge when you have one child up to his elbows in the toilet while another is exploring ways to get out the front door. There are, however a number of things we can do to keep our cool. One thing that has a major influence on our emotions is called 'self-talk'. Positive thoughts create a sense of hope and confidence. Negative thoughts, on the other hand, can leave us feeling bad about ourselves, angry and hopeless.

The good news is that we can change how we feel by changing how we think. A good place to start is to pay attention to the words we use every day. Forget that old saying, "sticks and stones can break my bones but words will never hurt me". Words are powerful and they do affect how we feel. Try these suggestions on for size:

Consider tossing words like 'must' or 'mustn't', 'should' or 'shouldn't', and 'ought to' or 'ought not' out of your vocabulary. These are self-nagging words and more likely than not, are used when we have no intention of following through. Example: "I really should go to that CCR class tonight". The fact of the matter is, you either are going to the class or you aren't and the should here can lead to feeling bad about yourself if you don't follow through. Try using words like 'will' and 'won't' instead.

Consider tossing the words 'always' and 'never' out of your vocabulary. These words tend to make a bad situation seem even worse and can increase your anger. Example; "Johnny never gets along with the other kids". My guess is, if you watch real close, you might find a time when Johnny does get along with other kids and this 'exception' is a real find. When we notice the exceptions we can build on them.

Consider thinking twice before using really strong words like, 'awful', 'horrible', and 'terrible'. These words make things feel hopeless. Save these words for natural disasters and real tragedies, they simply aren't necessary for things like, "That parent is horrible, she never picks up her child on time". In reality, the parent has a behavior that you don't like. Try saying, "I don't like it when that parent is late" instead.

Want to know more? Give me a call and I'll be glad to answer any questions or recommend more reading on the topic. See below for phone number.



Mental Health Consultation and Training

A new service is now available to child care providers in Crook, Deschutes and Jefferson counties. This service is funded by your local Commissions on Children and Families. The goal of this service is:

To maintain children in quality child care settings by providing mental health training and consultation services to early childhood educators and child care providers.

Research tells us that an alarming number of young children are being expelled from the child care settings due to social, emotional and behavioral problems. The use of mental health consultation has been the single most effective tool for addressing this problem.

Local services will be provided by Julie Dotson, MS, Licensed Professional Counselor and Early Childhood Mental Health Consultant. Julie comes to us with many years of experience providing mental health assessment, counseling and consultation services for young children, their families, and their care providers in the tri-county area.

Consultation services can be obtained over the phone, via e-mail, and through on-site visits to your program. On-site visits can include observations of the program as a whole, or can be specific to a particular child (*please note that parental permission is required prior to observing and consulting on a specific child*). No concern is too small – consultations are free of charge.

Training services on early childhood development and social, emotional, and behavioral concerns in young children will be provided in each community. Please look for Julie's trainings in your CCR training schedule. The training opportunities are free as well.

If you would like more information call or e-mail:

Julie Dotson, MS, LPC
Early Childhood Mental Health Consultant
(541) 390-6554
askjulie@bendbroadband.com

What is THE MOST important thing you can do to ensure a child's academic success?

Hint: It has nothing to do with flash cards, videos, or computer games. Experts agree that **reading aloud** to young children every day, beginning as early as infancy, will make the biggest difference. The Deschutes County Partnerships for Young Children recognizes this importance, and is presenting the **Central Oregon Early Literacy Conference on May 9** at Eagle Crest Resort and Conference Center.

Who should attend?

Parents, teachers, librarians, child care providers, administrators, social workers, and anyone who cares about children!

The keynote speaker will be award-winning author and illustrator Todd Parr. Todd Parr is all about reading and feeling good. His books have touched children and families with their continuing messages of kindness, love, and family. His unique brand of silly humor delights readers young and old with images such as eating macaroni and cheese in the bathtub, or a jitterbugging grandma. Todd has written approximately 30 books, and they have been described as "cheerful, kindhearted, refreshing and reassuring." His most recent book, *The I Love You Book*, "was #5 on the New York Times Bestseller List. *The Family Book* received the 2004 Oppenheim Toy Portfolio Best Book Award. (www.toddparr.com)

Following Todd's presentation will be a workshop entitled "Read, Rhyme, Romp: Early Literacy Activities and Skills to Grow a Reader." Workshop leader will be internationally recognized storyteller Heather McNeil, who is also an early literacy trainer, author, and Youth Services Coordinator for Deschutes Public Library. Heather will invite plenty of audience participation as she offers ideas for encouraging young children to love books and play with words through stories, songs, rhymes and activities.

After lunch there will be 7 break-out sessions with experts leading discussions about topics such as creative play, gender in children's literature, science, book selection and a state-wide early literacy project entitled Reading for Healthy Families.

Registration is \$50, including lunch. **You can register at www.coliteracyconference.org.** College credit is also available for another \$50 if you are an OSU student, and \$75 if you are not.

For more information about the conference contact Heather McNeil at 541-617-7099,
or heatherm@dpls.us.

(See insert in this newsletter)



NeighborImpact's Head Start Program Is Now Accepting Applications



NeighborImpact

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Give your child a Head Start to be ready for Kindergarten! NeighborImpact's Head Start Oregon Prekindergarten program is now accepting applications for enrollment in the 2009-2010 school year. The program offers a **free** comprehensive child and family development program to income-qualified families with children ages 3 and 4 in high quality preschool environment throughout Crook and Deschutes counties. The program focuses on preparing children for success in school through education, health services, and family involvement. Space is limited, and it is important that families apply soon.

Families can pick up applications at the NeighborImpact Office located in Redmond at 2303 SW 1st Street, or can call NeighborImpact's Head Start program at 548-2380 ext. 127 or toll free 866-292-0143 Ext. 127 to have an application mailed to them. Head Start applications can also be downloaded at www.neighborimpact.org.

"This institution is an equal opportunity employer."

NeighborImpact does not discriminate against any person on the basis of race, color, national origin, disability or age of admission, or participation in its programs services and activities, or in employment. For further information about this policy, or to arrange for an accommodation, contact Human Resources/Section 504 Coordinator, phone number 541- 548-2380 Ext. 115, State Relay 711.

Coffee Filter Butterfly Clips

Difficulty: **Easy**

This little butterfly would love to hang out in your room! Clip the butterfly to your ceiling fan pull string, or your curtains. Supervision is recommended.

What you'll need:

Black chenille stem
Paper coffee filter
Water color paints
Paint brush
Water
Wooden clothespin
2 (4-6mm) Wiggle eyes
Wire cutters
Needle nose pliers

How to make it:

Cut the black chenille stem to 4". (You will only use the 4" piece for this project)
Using water color paints, paint the coffee filter. Let dry.
Accordion pleat the coffee filter in about 1/2" pleats.
Slide the butterfly in-between the opening of the wooden clothespin.
Fold the black chenille stem in half.
Separate the ends of the black chenille stem.
Bend one end of the black chenille stem over about 1/4". Bend again.
Repeat with other end. This makes the antennae.
Slide in-between the opening of the wooden clothespin.
Fan out the butterfly's wings.
Glue the wiggle eyes on the clothespin.



Grass Heads

Materials:

Old pair of nylon legs
Grass seed
Soil
Small plastic containers (jar or cleaned cat food tins)
Elastic bands
Googlie eyes (the ones you sew on)
Pipe cleaners
A spray bottle.

Description:

1. Cut nylon at the knee
2. Scoop in 1 tbsp. grass seed
3. Scoop in preferred amount of soil / compacted (size of a softball).
Work the soil down to foot of nylon into shape of a head.
4. Tie the open end of the nylon tight (snip excess nylon and leave about 3 inches dangling).

OPTIONAL:

5. Have the children pinch the soil through the nylon to make it easy to tie an elastic around for ears and nose.
6. Sew on googlie eyes.
7. Make glasses out of pipe cleaners
8. Place grass head on top of small container (have excess 3 inch nylon dangling into the container)
9. Pour in 1/2 inch of water in bottom of the container every couple of days.
10. Spray water gently over grass seeds on top 2 times each day.

WATCH THE GRASS GROW and watch the children enjoy creating their own hairdos.



Teaching Young Children About Colors



Colors make our world beautiful in many ways, through nature, food, clothing, crayons—the list is endless. It's important to emphasize colors in our daily lives as they stimulate a child's imagination and delight their sense of sight. We, as adults, talk about colors everyday and for this reason children begin to learn the names of many colors. However, they may not know which color goes to which name. You can help children learn colors by asking them the color of things. Start with a single colors with very young children and then add more as time goes on. Observation plus language equals learning. Simple activities are designed to help children become aware of the many colors that surround them. Here are a few ways to teach colors to children:

- Use the seasons to help teach your child about colors—green in spring, white in winter, orange in fall and so on.
- The use of toy blocks, cards, paints, and crayons can help your child develop color skills and learn to name them.
- Talk a walk outdoors (or even in the house) and look for a particular color. Say blue for example, and then ask if a toy is blue, or is the car parked out front blue?
- Choose a day of the week and make it “color day”. Make projects, wear clothing, cook foods and read books about that color.
- Hot glue crayons to a strip of tag board. Then provide a second set of crayons and invite the children to match the colors.
- Read a good book involving colors. Some favorites are:

Is it red? Is it yellow? Is it blue? By Tana Hoban

The Mixed-up Chameleon by Eric Carle

Colors (Slide 'n Seek) by Chuck Murphy

Colors (Children's Collection Board Books) by Anne Geddes



Color Match— Pick up free paint chip cards from your local paint store. Choose cards in shades of red, yellow and blue. At home, cut each rectangular chip apart. Spread these across the table and have the children match each hue.

Paint and Sniff— When painting a picture with poster paints, add a few drops of baking extracts to give these paints a flavor (scent). Painting with scents is a fun and sensory experience for children!

Strawberry Extract = Red

Lemon Extract = Yellow

Peppermint Extract = Green

Orange Extract = Orange

Chocolate Extract = Brown

Anise (Licorice) Extract = Black

Color Wands— Dance to the beat of music waving colorful streamers in the air. Use toilet or paper towel tubes for the wands. The children can paint the cardboard tubes and then enhance them with crayons, markers or stickers. Next, attach crepe paper streamers to the wand with a stapler. For a variation, add ribbons and/or colorful strips of cloth.

Color Hokey-Pokey— Have colored circle stickers in four colors. These are easily found in office or craft stores. Every child gets a sticker on each hand and each foot (having one of each color on each body part). Play Color Hokey-Pokey by singing, “Put your blue dot in, put your blue dot out, put your blue dot in and shake it all about. You do the Color Pokey and you turn yourself around. That’s what it’s all about. BLUE!” Continue playing with the other colors.

Cheese and Crackers— Mix food colors into softened cream cheese. Invite the children to spread this onto crackers for a super colorful snack. Name the colors as you eat together!

Get ready for Spring with colors. I hope you enjoy doing these activities with your group.

Tania Associate Editor/ EverydayTLC



WORKSHOPS 2009

Children are not allowed at trainings. Please find care for your little ones before coming to class. Thank you.

You must pre-register for each class you want to attend.

Food Handler Packets can be purchased from NeighborImpact's Child Care Resources for \$10.00. These are specific to child care and are the best option.

<p style="text-align: center;">Overview Class Required to become registered Location: NeighborImpact-Redmond Fee: FREE Date: 4/20/2009 Time: 4pm-7pm 4/27/2009 9am-12pm 5/18/2009 9am-12pm 6/8/2009 4pm-7pm Madras 6/15/2009 9am-12pm</p> <p>Description: Interested in becoming a <u>Registered</u> Family Child Care Provider? The Overview class is required by the Oregon Child Care Division to become a registered Family Child Care Provider.</p>	<p style="text-align: center;">Recognizing & Reporting Child Abuse & Neglect Required to become registered Location: DHS Building-Bend 1300 NW Wall Suite 104 Dates: 4/16/2009 Time: 2:30-4:30pm 5/14/2009 2:30-4:30pm 6/11/2009 2:30-4:30pm Fee: \$10.00 Presenter: M. Kelley</p> <p>Description: This is a two hour required one time class required for registration through the Child Care Division. Learn definition and indicators of abuse. Also learn about mandatory reporting requirements for child care providers.</p>
<p style="text-align: center;">First Connections Session 4: Supporting Emotional Development Location: Madras TBA Date: 4/29/2009 Time: 6pm-9pm Fee: \$10.00 Trainer: D. Boswell CKC: Human Growth & Development</p> <p>Description: Children benefit when their caregivers are warm, patient, and admiring of their achievements. Responsive caregivers are partners in play and other interactions. Effective caregivers adjust their behaviors to fit the needs of each individual child.</p>	<p style="text-align: center;">First Aid / CPR 2 yr card Required to become registered Location: Redmond-NeighborImpact Dates: 4/21/2009 Time: 9am-2:30pm 5/09/2009 9am-2:30pm 6/27/2009 9am-2:30pm Fee: \$40.00 Presenter: K.Prow</p> <p>Description: This is a comprehensive training program in emergency care designed for child care. This training meets the requirement for CPR and First Aid training. The program covers child, infant and adult care skills. Care for immediate and minor first aid. It also covers illness and injury prevention.</p>
<p style="text-align: center;">Magical Steps Towards Successful Potty Training Location: TBA-Bend Date: 5/6/2009 Time: 6pm-8pm Fee: \$10.00 Trainer: D. Boswell CKC: Human Growth & Development</p> <p>Description: The participants will learn the following:</p> <ul style="list-style-type: none"> • What signs show the child is ready to start potty training • What to do on the first day • How to handle children who refuse to cooperate • How to mentally prepare yourself • Training pants or diapers • Boys vs. Girls: What's the difference • How to chart your success 	<p style="text-align: center;">Early Literacy Skills for Child Care Providers Location: Madras Jefferson County Library Rodriguez Annex Date: 5/7/2009 Time: 6pm-7pm Fee: Free Trainer: Jefferson County Youth Services Coordinator Patrick Goodman CKC: Learning Environments & Curriculum</p> <p>Description: The connection between reading aloud to a child and later reading success is undeniable. Creating the basis for a life of literacy can be as simple as asking questions as you read aloud, discussing what can be seen in pictures, and involving a child in the narrative of the book itself. Children who are exposed to many different types of conversation (reading, questions and answers, rhetorical, etc) are more often found to have an edge over children who hear very little first-hand language.</p>
<p style="text-align: center;">Central Oregon Community College Early Childhood Education</p> <p>Do you currently work with young children between the ages of birth through age 8, or would you like to eventually enter the field of Early Childhood Education as a care provider or educator? The Early Childhood Education programs at COCC provide opportunities to increase your understanding of young children's learning and development while earning credit toward a degree. Please contact Amy Howell, ECE Coordinator, at ahowell@cocc.edu for more information.</p>	<p style="text-align: center;">First Connections Session 2: Getting in Tune with Infants & Toddlers Location: TBA-Bend Date: 5/20/2009 Time: 6pm-9pm Fee: \$10.00 Trainer: D. Boswell CKC: Human Growth & Development</p> <p>Description: The nurturing relationship between an infant and a caregiver is the heart of quality infant care. When caregivers respond in a way that meets a child's needs, they are "in tune". Through watching, acting, and adapting, caregivers can learn the responsive process to build nurturing relationships.</p>

Professional Development for Early Childhood Educators

COCC is partnering with NeighborImpact to offer high-quality professional development workshops for those in the early childhood education profession. Register for one, two or all three workshops below.

Under the Lily Pads -

Build early childhood curriculum from a central piece of literature. A wide variety of learning activities can be developed from your chosen literary topic including exploration centers, reading, writing, listening, science, math, games, music, and art. This workshop will demonstrate using the theme "Under the Lily Pads" to create interesting and fun learning activities that can be used in your center. Set 1 Step 1-7 Core Knowledge Category: Curriculum and Learning Environments

Saturday, April 25 9:00 am – noon

COCC Campus, Ponderosa Building Room 102

Instructor Sally Sherfey \$39 Register Online

Tour of Childcare Centers

Gain knowledge and new ideas for operating and assessing quality child care while visiting two child care centers and one family child care home in Redmond. Discuss how to start your own child care center or family child care, how to hire quality staff, planning a program to fit your individual philosophy of child care, and the celebrations and challenges in each environment visited. The workshop is designed to give an overview regarding the core knowledge based on program management standards.

Set 2 Step 7.5-9 Core Knowledge Category: Program Management

Saturday, May 2 9:00 am – noon Meeting location to be mailed in advance

Instructor Diane Boswell \$39 Register Online

Partnering with Families

Learn how to transform the challenges you face with families into opportunities! Explore how to communicate effectively, bridge the gap between home and school, and ultimately partner with parents in the care and education of their children. Set 1 Step 1-7 Core Knowledge Category: Family and Community Systems

Saturday, June 27 9:00 am –noon COCC Campus, Boyle Ed Center Room 151

Instructor: Anna Higgins \$39 Register Online

Partial COCC scholarships are available for one class per term.

Call 383-7270 to inquire. For the Set 2 trainings providers may apply for the John and Betty Grey Scholarship. For information go to <http://www.centerline.pdx.edu/scholarship/index.php>

Space is limited! Preregistration is required!

Register online by clicking the link next to the class you wish to take or call COCC at 383-7270 to register by phone using a Debit/Credit card.

In the Mix 5

Location: NeighborImpact-Redmond

Date: 6/23/2009 Time: 6:30-8:30pm Cost: \$10.00

Trainer: D. Hudson CKC: Learning Environments & Curriculum

Description: Planning your family child care environment to meet the needs of children of mixed ages can be very tricky! Making your environment interesting, challenging, and appropriate for school-age children must be balanced with the developmental interests and safety needs of younger children. You will find ways to plan your environment to support the care and learning of all ages.

What's So Positive About Positive Discipline

Location: NeighborImpact-Redmond

Date: 5/16/2009 Time: 9am-12pm Fee: FREE

Trainer: Julie Dotson, MS, LPC Early Childhood Mental Health Consultant

CKC: Understanding & Guiding Behavior

Description: This training is designed to expand your ability to guide children positively. Training outcomes include: becoming a reliable role model, developing reasonable expectations based on child development, preventing problem situations, understanding the underlying cause of misbehavior, identifying reasonable consequences for misbehavior, identifying and discussing feelings openly, and channeling excess energy into more appropriate and constructive pursuits.

Is it Ethical?

Solving Ethical Questions in Childhood Care & Education

Location: NeighborImpact-Redmond

Date: 5/14/2009 Time: 6:30pm-8:30pm Fee: \$10.00

Trainer: K. Prow CKC: Personal, Professional & Leadership Development

Description: Come to learn about the NAEYC Code of Ethical Conduct.

Find out how you can use it to solve everyday problems and questions in your work with children and families. Have fun playing games to learn more about your professional values and how they connect to our professional code of ethics.

First Connections

Session 10: Routines & Relationships

Location: NeighborImpact-Redmond

Date: 6/17/2009 Time: 6pm-9pm Fee: \$10.00

Trainer: D. Boswell CKC: Learning Environments & Curriculum

Description: Participants will learn how children benefit when their caregivers are warm, patient, and admiring of their achievements. Responsive caregivers are partners in play and other interactions. Effective caregivers adjust their behaviors to fit the needs of each individual child.

Crazy Days of Outside Games & Activities

Location: TBA-Bend

Date: 6/10/2009 Time: 6pm-8pm Cost:\$10.00

Trainer: D. Boswell CKC: Learning Environments & Curriculum

Description: The participants will learn:

- Developmentally appropriate games for young children
- Cooperative games
- Games for mixed ages
- Low cost outdoor projects



Fruits & Vegetables Galore

Helping Kids Eat More

Location: NeighborImpact-Redmond

Date: 5/12/2009 Time: 6:30pm-8:30pm Fee: \$10.00

Trainer: D. Hudson CKC: Health, Safety & Nutrition

Description: Participants will learn how to focus on presentation, how to promote fruit and vegetables, plan lunches and snacks and how to look for and buy the best fruit and vegetables each season. Participants will come away from this training with new insight and plenty of ideas to try in their child care program.

NeighborImpact
CHILD CARE RESOURCES
2303 SW 1ST ST, SUITE A
REDMOND, OR 97756

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*Encouraging Independence in
Young Children*

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